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TO THE BOTTOM OF THE GRAND CANYON



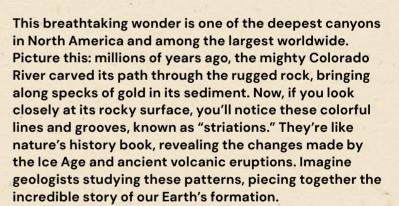
Year 1540: "You European invaders sure have been wreaking havoc.
Let's shake hands, though, and try to be friends – no conquistadoring this time!" #goldrush



At first glance, the canyon might seem quiet and empty, but when you look closer, you see the amazing ways the Havasupai, Hualapai, Navajo, and Hopi tribes left their mark on the land, keeping the spirit of the canyon alive.



THE STONE CHRONICLE OF MANKIND



You can hike to the bottom of the canyon on foot or on the back of a mule. Beware, though! It's really hard work. At the bottom, it can get super hot, especially in summertime, so people sometimes feel dizzy.

RECOMMENDATION

BRING PLENTY OF WATER AND SUNSCREEN FOR THIS TRIP!









WIDTH: UP TO 18 MILES IN PLACES

LENGTH: 277 MILES





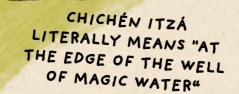
CHICHEN ITZÁ IN MEXICO

IN THE SHADOW OF THE FEATHERED SERPENT

THE PYRAMID IS AS TALL AS AN EIGHT-STORY BUILDING.

WOW, THAT'S MY RELATIVE FROM THE REALM OF GODS!

The Pyramid of Kukulkan at Chichén Itzá in Mexico is one of the Seven Wonders of the Modern World. Kukulkan, also known as Quetzalcoatl, is the chief Mayan god associated with the sun and the sky, who can turn into a feathered serpent. He's the one who the pyramid was made to honor.



THE SACRED SERPENT **DESCENDS FROM THE PYRAMID**

Wow, look at that giant snake making its way down the Kukulkan pyramid steps. I know it's not a real snake, just a cool trick of the light, but it's still amazing to see! During the equinox (the time of year when day and night are of equal length) the setting sun creates shadows on the pyramid's steps, which look like the body of a serpent slithering down to join the snake's head at the bottom. It's a stunning effect made by the sun's light and the pyramid's architecture.

For the people who lived in the ancient city of Chichén Itzá, seeing the pyramid lit up this way was a special event where they felt like one of their gods was right there with them.

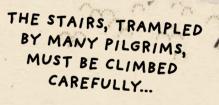
After a hot day exploring the

pyramid, there's nothing like a cool swim in a water-filled

sinkhole called a "cenote." It's a bit eerie to think that the Aztecs used to throw their human sacrifices here to please their gods. Only clean bones were tossed in, though, since the cenotes were also their main

source of drinking water.

I really wanted to climb the pyramid of Kukulkan, but the guide grabbed me by the shoe and said that unfortunately this was not allowed. : (Then he winked and whispered, "If you want to play Indiana Jones, try it at the pyramid of Coba nearby."



MYSTERIOUS CENOTES

Cenotes are cool caves that formed during the Ice Age and hold underground water. They're like secret pools hidden underground. Of the 6,000 cenotes found to this day, explorers have only checked out half.

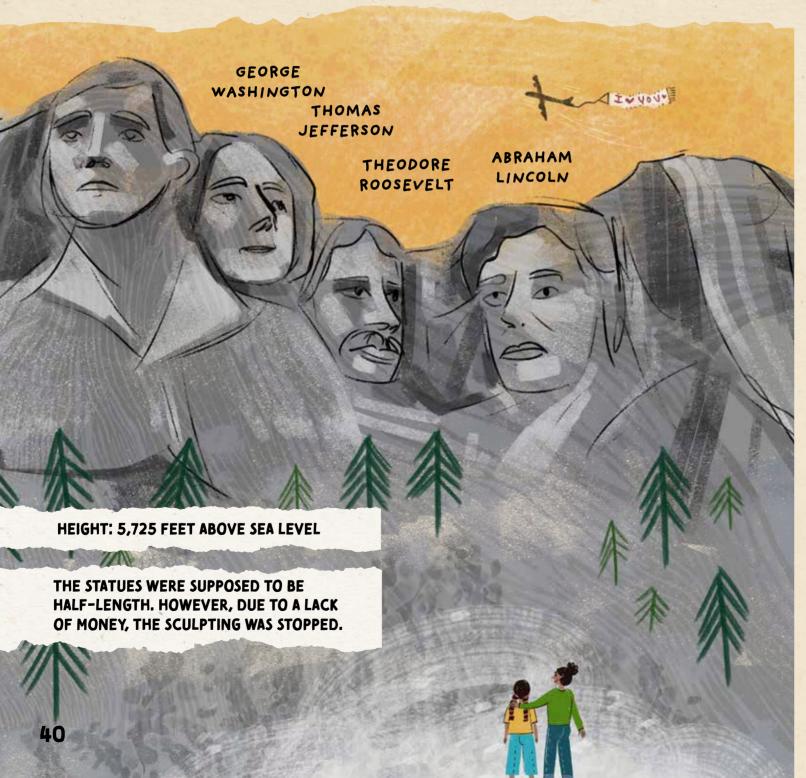


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MOUNT RUSHMORE

FOUR AMERICAN PRESIDENTS, OR FAMOUS TRAVELERS ...?







UNDER THE BIG HEADS

I went with my mom to the famous Mount
Rushmore monument in the Black Hills of
South Dakota. The big heads of the first
American presidents carved into the granite
looked down at us with serious eyes as
we walked below. A century ago, historian
Doane Robinson had the idea to carve some
important American figures into the mountains
to bring more visitors to South Dakota.

960

LARK

CHIEF RED

SACAGAWEA

ORIGINAL IDEA

Originally, the plan was to carve into the mountains the faces of American West heroes, like explorers Lewis and Clark, their guide Sacagawea, and either Chief Red Cloud or Crazy Horse. But, the person in charge, Gutzon Borglum, decided on four American presidents instead.

My mom shared with me the complex history of the monument and how it's still a topic of debate today because it's located on land that should belong to the Lakota Sioux, its original inhabitants. They likely wouldn't have approved of the carvings on their sacred lands.

Imagining what the Black Hills
looked like before, my mom and I
thought about whose faces we'd
want on the rocks. I picked Rosa
Parks, the brave Civil Rights
activist, and my mom chose
Amelia Earhart, the fearless
pilot.



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HAWAII VIBES!

ALOHA! GREETINGS FROM THE HAWAIIAN ISLANDS!

THE EMERALD REEFS OF THE NA PALI COAST

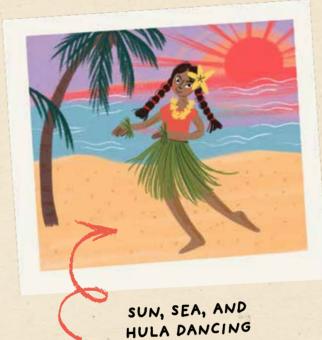
LOCATION: ABOUT 2,000 MILES SOUTHWEST OF THE U.S. MAINLAND

UNESCO member

PEARL OF THE PACIFIC

Hawaii's islands, known as the "Pearl of the Pacific," were first reached by Europeans over 200 years ago, when British explorer James Cook first encountered native Hawaiian tribes, including the Kanaka Maoli, who had been living here for centuries.

DID YOU KNOW THAT HULA
DANCING WAS KEPT SECRET FOR
GENERATIONS, PASSED ON ONLY TO
THE INITIATED HAWAIIANS?



I can't think of a more beautiful place to unwind... Gentle waves lapping, warm sand underfoot... And when you've had your fill of the sun's warm embrace, you can wrap yourself in fragrant plumeria blossoms and sway to the rhythm of the traditional Hawaiian hula dance, celebrating the natural wonders of this enchanting land.



Watch out for dinosaurs! Did you know that it was the Na Pali coast that famous Hollywood film director Steve Spielberg chose for his movie Jurassic Park? #happytrex

CATCHING A WAVE!

Where else but this welcoming island could the concept of surfing for dogs and their owners originate? Even newbies can quickly pick up the sport by enrolling in one of the schools, where an instructor will provide everything you need to hit the waves. For the indigenous Polynesians who first mastered surfing here millennia ago, riding the waves is as natural as walking on land.

IN WAVES!





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